

The Gym

Description:

The Gym

600 SouthWest Main Street

Cuba, MO 65453

The Gym in Cuba,MO offers a co-ed, family friendly fitness facility. We have someone on staff to assist you.

You may use our new indoor 1/2 court basketball as part of your membership. We will also be adding sand volleyball very soon.

The Gym offers PERSONAL TRAINING by a certified Personal Trainer, Group Fitness classes, or work out instruction cards for you to follow along with.

Please Visit Our Web-site at TheGymincubamo.com or call 885-9050.

Hours: M-Thursday 5:30am-9

Saturday 7am-4pm

Sunday noon-4pm

Address Line 1: 600 SW Main Street

Country: US

State: MO

City: Cuba

Zip: 65453

Website: <http://thegymincubamo.com>