

St Robert Fitness

Description:

We are a Gym located in St. Robert, MO. Our place is a great place to work out and meet new people. We have a very friendly family oriented environment. Our facility conveniently offers lockers, showers, vending machines, child care, personal training sessions, cardio equipment, free weights, over 50 exercise classes per month and much more! 24 hour access is available with certain memberships!!!

We offer a wide range of group classes, all professionally designed and led. Our group classes include pilates, aerobics, yoga, step, core conditioning, combat cardio, and boot camp. New classes are added all the time!

It is our endeavor to provide the friendliest, cleanest, most professional club possible. We offer qualified personnel who are anxious to assist with your fitness

Address Line 1: 530 Marshall Dr, Ste A

Country: US

State: MO

City: Saint Robert

Zip: 65584

Website: <http://www.strobertfitnessonline.com>